# RUSSIAN VOLUME EYELASH EXTENSION TRAINING COURSE

by Cintin

# Introduction



# Hello!

My name is Cintia Szabo, I'am the founder and CEO of Lash Trend Studio and Academy. By becoming a Lash Trainer my goal is to teach the future lash artists for the correct and healthy lash application and teach them how to create elegant, sophisticated look for their future clients.

With lash extension our goal is to add to our clients beauty and not to overdo and ruin their appearance.

Remember: " Even though it`s fake, it still can look natural. "

Cintia Szabo

www.lash-trend.com cintiaszabo@lash-trend.com

CONTENTS

fussian Volume Lash Extension

Course

- 1. Introduction
- 2. Theory of Russian Volume Lashes
- 3. Health and Safety Practices
- 4. Preparing for Russian Volume Lashes
- 5. Lunch break
- 6. Volume Fan Creation **Techniques**
- 7. Teach students the practical skills required to create volume lash fans effectively.
- 8. Lash Extension Materials and Tools
- 9. Volume Fan Creation **Techniques**
- 10. Volume Lash Application

#### DAY 2

- 1. Review and Recap
- 2. Advanced Volume Lash **Techniques**
- 3. Lunch Break
- 4. Styling and Customization, practice on live model



## About the Process

#### **Russian Volume Lash Course**

#### Day 1:

## Session 1: Introduction to Russian Volume Lashes Duration:

#### Objective:

Introduce students to the Russian Volume lash technique and provide them with a solid theoretical foundation.

#### Introduction (15 minutes):

Welcome and introduce myself. Briefly discuss the popularity and demand for Russian Volume lashes in the beauty industry. Outline the objectives and structure of the two-day course.

#### Theory of Russian Volume Lashes (1 hour):

Explain the concept and history of Russian Volume lash extensions. Discuss the characteristics and effects of volume lash extensions. Address the differences between classic lash extensions and Russian Volume lashes. Introduce the terminology and industry standards specific to Russian Volume lashes.

#### Health and Safety Practices (30 minutes):

Discuss the importance of maintaining a clean and safe working environment. Explain proper hygiene practices, including handwashing, sterilization, and disinfection. Address safety precautions, such as client allergies and patch testing. Emphasize the significance of using appropriate tools and equipment for volume lash applications.

#### Preparing for Russian Volume Lashes (45 minutes):

Discuss the preparation steps for Russian Volume lash application. Demonstrate how to properly isolate and tape the lower lashes.

Explain the process of selecting the appropriate lash extensions for volume sets.

Address the importance of mapping and designing lash sets based on client preferences and eye shape.

#### Lunch break (30 minutes)

#### Session 2: Volume Fan Creation Techniques Objective:

Teach students the practical skills required to create volume lash fans effectively.

#### Lash Extension Materials and Tools (1 hour):

Discuss the different types of lash extensions suitable for volume lash applications. Explain the characteristics and effects of various lash extension materials. Demonstrate how to choose appropriate lash extensions for volume sets. Introduce the different types of volume lash tweezers and their specific uses.

#### Volume Fan Creation Techniques (2 hours):

Teach students various volume fan creation techniques on the strip. Demonstrate how to create fans using different lengths and thicknesses and by using different tweezers. Explain the importance of proper fan placement and spacing for a balanced and full look. Guide students on how to achieve consistent and symmetrical volume lash fans. Inform them from a different effect between the narrow and wide fans.

#### Volume Lash Application (2 hour):

Demonstrate the correct method of applying adhesive to volume lash fans. Illustrate the appropriate placement and attachment of volume lash fans to the natural lashes.

(demonstration on doll head, sponge and hair)

Discuss the importance of proper bonding and separation of lashes to achieve a natural and voluminous look. Highlight techniques for creating different volume lash styles such as open eye, doll, squirrel, cat, kitten and effects such as KimK, wet lash, eyeliner, foxy. Sharing tips and tricks how to rich the perfect lash line or wispy finish with certain techniques.

#### Day 2:

#### Session 3: Advanced Volume Lash Techniques and Styling

Objective:

Build upon the skills learned on Day 1 and introduce advanced volume lash techniques and styling.

**Duration: 7 hours** 

#### Review and Recap (1 hour):

Recap the key concepts and techniques covered on Day 1.

Address any questions or concerns from the students.

#### Advanced Volume Lash Techniques (2 hours):

Introduce advanced techniques, such as multi-dimensional volume and mega volume (2D up to 7-8D).

Demonstrate how to create different volume lash effects, such as fluffy or textured looks. Teach students how to design lash maps and create personalized volume lash styles. Discuss troubleshooting techniques for common challenges faced during volume lash applications.

#### Lunch Break (30 minutes)

#### Styling and Customization, practice on live model (4 hour):

Discuss lash styling principles and the importance of understanding client preferences.

Demonstrate different volume lash styling options, such as cat-eye, doll-eye, or natural looks

Practice on live model

Photo + editing

On successful completion of both days of training and performing a full set of eyelash extensions on a model, student will be awarded with permanent certificate.

# Exam Day

#### 3 hours

Until the exam day student have to send a picture of at least **8 set of lashes** which is required. Depending on the trainer's opinion of the student work this amount could be less or more.

Exam date will be booked via discussion between student and trainer.

#### 45 min:

Written test
Successful test is from 80%
\*Below this number require student to retake the test

#### 2 hours and 15 min:

live presentation on a model

#### What do we check?

right placement of the eye pads
 correct preparation of the eyelashes
 correct amount of adhesive usage
 correct attachment and direction
 good coverage regarding the timeframe

#### Final Certificate award and photos

#### What if the student fail on the exam day?

Student can redo the exam another time. £100 will be charged for the retaken exam day!

### What is included?

#### Training manual in a PDF form

(it will be sent to the student 6 day's prior the course day It's also available on the training day in printed format

#### Starter kit:

Volume tweezer ( choice of the student as I give more options to try what works best for you)

0,06 C 6-11mm- 0,07 CC 8-13mm - 0,07 D 8-13mm 0,07 M 8-13mm mixed lash tray

0,06 C 6-11mm- 0,07 CC 8-13mm - 0,07 D 8-13mm 0,07 M 8-13mm mixed lash tray -Adhesive 2 types

-Eyelash glue speed up solution -Lash tray

-Lash Trend gift bag
-10% discount code with ABT insurance company
-10% discount for I Am Lash Pro

Course Price is £699

# Terms and conditions

#### £150 Deposit required

#### **Cancellation policy**:

If you are unable to attend on your training course we can **transfer into another date** but minimum of **7 Days notice** required.

Any cancellation has been made within this timeframe the deposit is **non refundable.** 

**Models:** Student is responsible to find a model for the training day. I'm able to help in certain situations

Student must studies through the **training manual** before attending on the training course!



I'm so excited to work with you, please reach out to learn more.

